



Dream Collective

Leadership workshop

Time to reconnect with Trust

Time to reconnect with Leadership



Researches* show that **teams working for companies committed to employee experience before the COVID crisis are coping better with the current situation.**

No surprise! They were already **well equipped, individually, to manage self-and team resilience.**

So **let's get ahead of the game** and
get ready to bounce back with
iQo's leadership workshop

. A tailored 3.5-day leadership workshop⁽²⁾

Online and in English

For leaders and managers from around the world

* « Le baromètre de l'expérience collaborateur, 2021 » by Parlons RH, Feb 2021

** « Employee engagement benchmark » by iQo, March 2021

(2) For French companies, it is possible to finance the workshop through the training plan (iQo is an approved training organisation).

THE JOURNEY IN A NUTSHELL



THINKING STYLE AND YOUR BRAIN

- The Human Brain Dominances and their consequences (HBDI® model)
- Introduction to neuroscience work: discover what is comfortable or uncomfortable for yourself
- Self-awareness to understand others: your personal strengths and weaknesses



EFFECTIVE COMMUNICATION: GET THE MESSAGE ACROSS TO EVERYBODY

- What is the relationship?
- Leading successful communication in your team
- Saving time and gaining respect through effective communication
- From "talking" to "communicating": the rhythms of the relationship
- The quality of listening at the heart of effective communication



ASSERTIVENESS: TIPS AND TRICKS FOR BEING UNDERSTOOD BY EVERYONE

- Moving from being assertive to communicate to communicating to be assertive
- The secret of listening to be listened to
- The Q-R-S as a tool for facilitating relationships
- Being right or being in the relationship? You have to choose
- Welcome to the world of "AND"!



HOW EMOTIONS CAN BE AN OPPORTUNITY...

- What are emotions? Where do they come from? And how can they be valued?
- How to assert yourself despite your emotions? How emotions take care of yourself?
- The impact of emotions on yourself and in the relationship.
- Flying, freezing, fighting or asserting yourself: knowing where you stand

WHAT YOU WILL GET

- Develop relational assertiveness in all situations
- Identify the levers of self-resilience
- Manage stress effectively

ORGANISATION DETAILS

A HYBRID JOURNEY HAT COMBINES:

Icebreakers, gamification, role-playing, self-journaling, theoretical inputs, use cases, experience sharing and peer coaching.

Feedback and personal advice if needed.

Self-development plan

Leadership workshop

A WORKSHOP FOR

- Managers who want to make a difference
- Teams leaders who want to drive change
- Project leads/managers

REGISTRATION AND INFO: CONTACT AUDREY

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TARIF

- €1,850 per person excl. VAT

LOCATION AND DATES

Visio-conferencing

3.5 days in group

- 14th October - 9am to 12am*
- 18th October - 9am to 12am*
- 21st October - 9am to 12am*
- 25th October - 9am to 12am*
- 28th October - 9am to 12am*
- 8th November - 9am to 12am*
- 16th December - 9am to 12am*

* Paris time

WELCOME TO OUR NEW WORLD



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